

# **FILE DEFINITION TEST CHANGE**

Notification Date: July 1, 2025 Effective Date: July 31, 2025

# Comprehensive Arrhythmia Gene Panel, Varies

Test ID: CARGG

**Explanation:** On the effective date, the Test Algorithm will be updated to include a reflex test when necessary. Additionally, Ordering Guidance, Specimen Required, and Report Available sections will be updated as indicated below.

# **Current Ordering Guidance**

Customization of this panel and single gene analysis for any gene present on this panel are available. For more information see CGPH / Custom Gene Panel, Hereditary, Next-Generation Sequencing, Varies.

Targeted testing for familial variants (also called site-specific or known mutations testing) is available for the genes on this panel. See FMTT / Familial Variant, Targeted Testing, Varies. To obtain more information about this testing option, call 800-533-1710.

# **New Ordering Guidance**

Targeted testing for familial variants (also called site-specific or known mutations testing) is available for the genes on this panel. See FMTT / Familial Variant, Targeted Testing, Varies. To obtain more information about this testing option, call 800-533-1710.

Customization of this panel and single gene analysis for any gene present on this panel are available. For more information see CGPH / Custom Gene Panel, Hereditary, Next-Generation Sequencing, Varies. To modify this panel via CGPH, please use the Cardiovascular/Connective Tissue/Dyslipidemia/ Cerebrovascular/Primary Ciliary Dyskinesia disease state for step 1 on the Custom Gene Ordering Tool.

Current Reflex Tests	
None	

New Ref	lex Tests		
Test ID	Reporting Name	Available Separately	Always Performed
CULFB	Fibroblast Culture for Genetic Test	Yes	No
CULAF	Amniotic Fluid Culture/Genetic Test	Yes	No
MATCC	Maternal Cell Contamination, B	Yes	No

Current Algorithm	
None	

New Algorithm
Prenatal specimens only:

If an amniotic fluid specimen is received, an amniotic fluid culture will be performed at an additional charge.

If a chorionic villi, cultured chorionic villi, or cultured amniocyte specimen is received, a fibroblast culture will be performed at an additional charge.

For any prenatal specimen that is received, maternal cell contamination testing will be performed at an additional charge.

# Skin biopsy or cultured fibroblast specimens:

For skin biopsy or cultured fibroblast specimens, a fibroblast culture will be performed at an additional charge.

### **Current Specimen Required**

Patient Preparation: A previous bone marrow transplant from an allogenic donor will interfere with testing. Call 800-533-1710 for instructions for testing patients who have received a bone marrow transplant.

Specimen Type: Whole blood

Container/Tube:

Preferred: Lavender top (EDTA) or yellow top

(ACD)

Acceptable: Any anticoagulant Specimen Volume: 3 mL **Collection Instructions:** 

1. Invert several times to mix blood.

2. Send whole blood specimen in original tube. **Do** 

not aliquot.

Specimen Stability Information: Ambient

(preferred)/Refrigerated

## **New Specimen Required**

Patient Preparation: A previous hematopoietic stem cell transplant from an allogenic donor will interfere with testing. For information about testing patients who have received a hematopoietic stem cell transplant, call 800-533-1710.

## Submit only 1 of the following specimens:

Specimen Type: Whole blood

Container/Tube:

Preferred: Lavender top (EDTA) or yellow top (ACD)

Acceptable: Green top (Sodium heparin)

Specimen Volume: 3 mL **Collection Instructions:** 

1. Invert several times to mix blood.

2. Send whole blood specimen in original tube. Do not

Specimen Stability Information: Ambient (preferred) 4 days/Refrigerated 4 days/Frozen 4 days

#### Additional Information:

- 1. Specimens are preferred to be received within 4 days of collection. Extraction will be attempted for specimens received after 4 days, and DNA yield will be evaluated to determine if testing may proceed.
- 2. To ensure minimum volume and concentration of DNA is met, the requested volume must be submitted. Testing may be canceled if DNA requirements are inadequate.

Specimen Type: Cord blood

Container/Tube:

**Preferred:** Lavender top (EDTA) or yellow top (ACD)

Acceptable: Green top (Sodium heparin)

Specimen Volume: 3 mL **Collection Instructions:** 

1. Invert several times to mix blood.

2. Send cord blood specimen in original tube. **Do not aliquot.** 

Specimen Stability Information: Ambient (preferred) 4

days/Refrigerated 4 days/Frozen 4 days

## Additional Information:

1. Specimens are preferred to be received within 4 days of collection. Extraction will be attempted for specimens received after 4 days, and DNA yield will be evaluated to determine if testing may proceed.

- 2. To ensure minimum volume and concentration of DNA is met, the requested volume must be submitted. Testing may be canceled if DNA requirements are inadequate.
- 3. While a properly collected cord blood sample may not be at risk for maternal cell contamination, unanticipated complications may occur during collection. Therefore, maternal cell contamination studies are recommended to ensure the test results reflect that of the patient tested and are available at an additional charge. Order MATCC / Maternal Cell Contamination, Molecular Analysis, Varies on the maternal specimen.

Specimen Type: Saliva

Patient Preparation: Patient should not eat, drink, smoke, or

chew gum 30 minutes prior to collection. **Supplies**: Saliva Collection Kit (T786)

Specimen Volume: 2 Swabs

**Collection Instructions**: Collect and send specimen per kit instructions.

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Specimen Stability Information: Ambient (preferred) 30

days/Refrigerated 30 days

Additional Information: Saliva specimens are acceptable but not recommended. Due to lower quantity/quality of DNA yielded from saliva, some aspects of the test may not perform as well as DNA extracted from a whole blood sample. When applicable, specific gene regions that were unable to be interrogated will be noted in the report. Alternatively, additional specimen may be required to complete testing.

Specimen Type: Blood spot

Supplies: Card-Blood Spot Collection (Filter Paper) (T493)

Container/Tube:

Preferred: Collection card (Whatman Protein Saver 903

Paper)

Acceptable: PerkinElmer 226 filter paper or blood spot

collection card

Specimen Volume: 2 to 5 Blood spots

**Collection Instructions:** 

- 1. An alternative blood collection option for a patient older than 1 year is a fingerstick. For detailed instructions, see <a href="How to Collect a Dried Blood Spot Sample">How to Collect a Dried Blood Spot Sample</a>.
- 2. Let blood dry on the filter paper at ambient temperature in a horizontal position for a minimum of 3 hours.
- 3. Do not expose specimen to heat or direct sunlight.
- 4. Do not stack wet specimens.
- 5. Keep specimen dry.

**Specimen Stability Information:** Ambient (preferred)/Refrigerated

## Additional Information:

- 1. Blood spot specimens are acceptable but not recommended. Multiple extractions will be required to obtain sufficient yield for supplemental analysis, and there is significant risk for test failure due to insufficient DNA.
- 2. Due to lower concentration of DNA yielded from blood spot, some aspects of the test may not perform as well as DNA extracted from a whole blood sample. When applicable, specific gene regions that were unable to be interrogated will

be noted in the report. Alternatively, additional specimen may be required to complete testing.

- 3. For collection instructions, see <u>Blood Spot Collection</u> <u>Instructions</u>
- 4. For collection instructions in Spanish, see <u>Blood Spot</u> <u>Collection Card-Spanish Instructions</u> (T777)
- 5. For collection instructions in Chinese, see <u>Blood Spot</u> <u>Collection Card-Chinese Instructions</u> (T800)

**Specimen Type: Cultured fibroblasts** 

Source: Skin

Container/Tube: T-25 flask Specimen Volume: 2 Flasks

**Collection Instructions**: Submit confluent cultured fibroblast cells from a skin biopsy. Cultured cells from a prenatal specimen will not be accepted.

**Specimen Stability Information**: Ambient (preferred) <24 hours/Refrigerated <24 hours

## Additional Information:

- 1. Specimens are preferred to be received within 24 hours of collection. Culture and extraction will be attempted for specimens received after 24 hours and will be evaluated to determine if testing may proceed.
- 2. A separate culture charge will be assessed under CULFB / Fibroblast Culture for Biochemical or Molecular Testing. An additional 3 to 4 weeks are required to culture fibroblasts before genetic testing can occur.

Specimen Type: Skin biopsy

Supplies: Fibroblast Biopsy Transport Media (T115)
Container/Tube: Sterile container with any standard cell culture media (eg, minimal essential media, RPMI 1640). The solution should be supplemented with 1% penicillin and streptomycin.

Specimen Volume: 4-mm Punch

**Specimen Stability Information:** Ambient (preferred) <24 hours/Refrigerated <24 hours

#### **Additional Information:**

- 1. Specimens are preferred to be received within 24 hours of collection. Culture and extraction will be attempted for specimens received after 24 hours and will be evaluated to determine if testing may proceed.
- 2. A separate culture charge will be assessed under CULFB / Fibroblast Culture for Biochemical or Molecular Testing. An additional 3 to 4 weeks are required to culture fibroblasts before genetic testing can occur.

# Specimen Type: Extracted DNA

Container/Tube:

Preferred: Screw Cap Micro Tube, 2 mL with skirted conical

Acceptable: Matrix tube, 1mL Collection Instructions:

- 1. The preferred volume is at least 100 mcL at a concentration of 75 ng/mcL.
- 2. Include concentration and volume on tube.

Specimen Stability Information: Frozen (preferred) 1

year/Ambient/Refrigerated

**Additional Information**: DNA must be extracted in a CLIA-certified laboratory or equivalent and must be extracted from a

specimen type listed as acceptable for this test (including applicable anticoagulants). Our laboratory has experience with Chemagic, Puregene, Autopure, MagnaPure, and EZ1 extraction platforms and cannot guarantee that all extraction methods are compatible with this test. If testing fails, one repeat will be attempted, and if unsuccessful, the test will be reported as failed and a charge will be applied. If applicable, specific gene regions that were unable to be interrogated due to DNA quality will be noted in the report.

## **Prenatal Specimens**

**Due to its complexity, consultation with the laboratory is required** for all prenatal testing; call 800-533-1710 to speak to a genetic counselor.

Specimen Type: Amniotic fluid Container/Tube: Amniotic fluid container

Specimen Volume: 20 mL

Specimen Stability Information: Ambient (preferred) <24

hours/Refrigerated <24 hours

**Additional Information**: Specimen will only be tested after culture.

- 1. Specimens are preferred to be received within 24 hours of collection. Culture and extraction will be attempted for specimens received after 24 hours and will be evaluated to determine if testing may proceed.
- A separate culture charge will be assessed under CULAF / Culture for Genetic Testing, Amniotic Fluid. An additional 2 to 3 weeks are required to culture amniotic fluid before genetic testing can occur.
- 3. All prenatal specimens must be accompanied by a maternal blood specimen; order MATCC / Maternal Cell Contamination, Molecular Analysis, Varies on the maternal specimen.

#### Specimen Type: Prenatal cultured amniocytes

This does not include cultured chorionic villi.

Container/Tube: T-25 flask Specimen Volume: 2 Full Flasks

Collection Instructions: Submit confluent cultured cells from

another laboratory

Specimen Stability Information: Ambient (preferred) <24

hours/Refrigerated <24 hours **Additional Information**:

- 1. Specimens are preferred to be received within 24 hours of collection. Culture and extraction will be attempted for specimens received after 24 hours and will be evaluated to determine if testing may proceed.
- 2. A separate culture charge will be assessed under CULFB / Fibroblast Culture for Biochemical or Molecular Testing.
- 3. All prenatal specimens must be accompanied by a maternal blood specimen; order MATCC / Maternal Cell Contamination, Molecular Analysis, Varies on the maternal specimen.

Specimen Type: Chorionic villi

Container/Tube: 15-mL tube containing 15 mL of transport

media

Specimen Volume: 20 mg

Specimen Stability Information: Ambient (preferred) <24 hours/Refrigerated <24 hours **Additional Information**: Specimen will only be tested after 1. Specimens are preferred to be received within 24 hours of collection. Culture and extraction will be attempted for specimens received after 24 hours and will be evaluated to determine if testing may proceed. 2. A separate culture charge will be assessed under CULFB / Fibroblast Culture for Biochemical or Molecular Testing. An additional 3 to 4 weeks are required to culture fibroblasts before genetic testing can occur. 3. All prenatal specimens must be accompanied by a maternal blood specimen; order MATCC / Maternal Cell Contamination, Molecular Analysis, Varies on the maternal specimen. Specimen Type: Cultured chorionic villi Container/Tube: T-25 flasks Specimen Volume: 2 Full flasks Collection Instructions: Submit confluent cultured cells from another laboratory Specimen Stability Information: Ambient (preferred) <24 hours/Refrigerated <24 hours Additional Information: 1. Specimens are preferred to be received within 24 hours of collection. Culture and extraction will be attempted for specimens received after 24 hours and will be evaluated to determine if testing may proceed. 2. A separate culture charge will be assessed under CULFB / Fibroblast Culture for Biochemical or Molecular Testing. 3. All prenatal specimens must be accompanied by a maternal blood specimen; order MATCC / Maternal Cell Contamination, Molecular Analysis, Varies on the maternal specimen.

Current Report Available
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28 to 42 days

### **New Report Available**

21 to 35 days

#### Questions

Contact Michelle Raths, Laboratory Resource Coordinator at 800-533-1710.